

YOUR GLBT GUIDE TO

Key West



Q MAGAZINE

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March 2013



ASK NANA

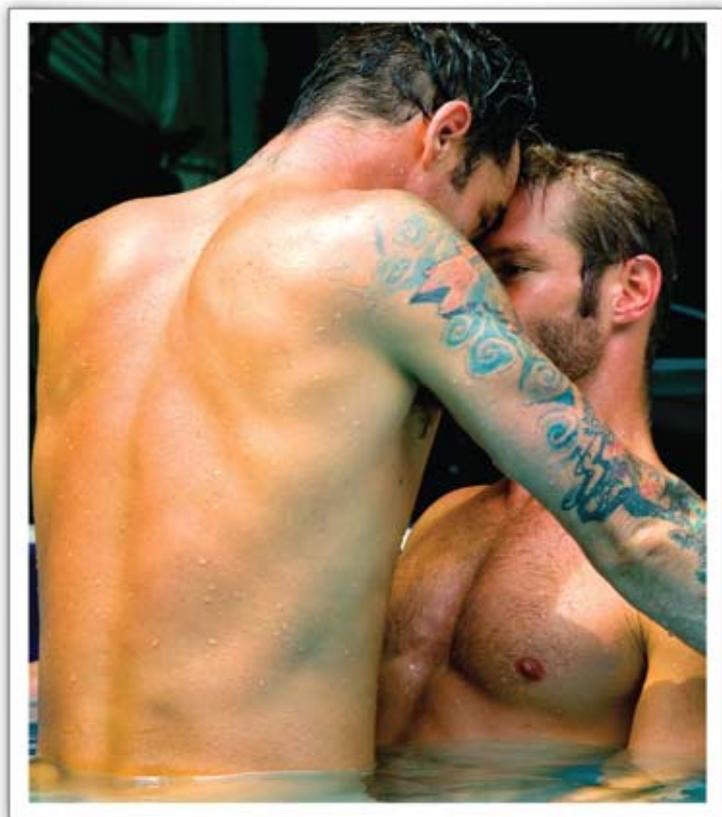


WHORE-O-SCOPES



GAY SPRING BREAK

THE BEST GAY MEN'S RESORT IN THE WORLD



What will you remember?



The Final Official Event of Winter Party Festival 2013: Winter Sunset

Tuesday, March 12th | 12PM-7PM | Free Admission

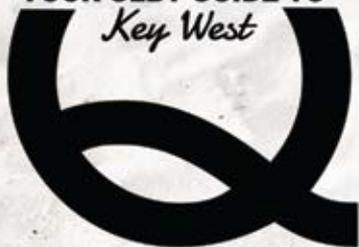
DJ Robbie Leslie | Poolside Lounge, Café, Full Bar | Men Only | Clothing Optional

All WPF Passholders & Ticketholders Receive Complimentary Resort Privileges

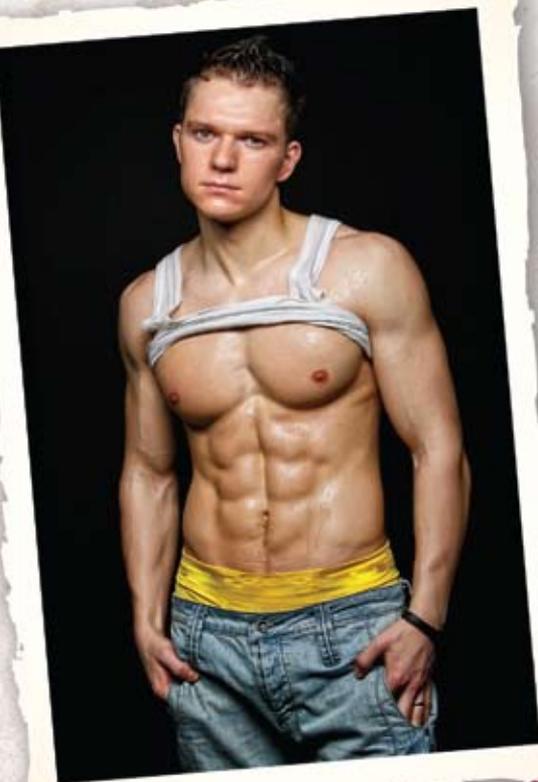
March 6th-14th with ID

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Q MAGAZINE



Welcome to
Paradise!

It's that time of year again when schools all over the country are taking spring break.

Key West hosts Gay Spring Break every year offering specials and discounts to those with a valid student ID.

For more information, check out www.gayspringbreakkeywest.com

Enjoy!

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Visit us online at www.QKeyWest.com

What is STRIBILD?

STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before. It combines 4 medicines into 1 pill to be taken once a day with food. STRIBILD is a complete single-tablet regimen and should not be used with other HIV-1 medicines.

STRIBILD does not cure HIV-1 infection or AIDS. To control HIV-1 infection and decrease HIV-related illnesses you must keep taking STRIBILD. Ask your healthcare provider if you have questions about how to reduce the risk of passing HIV-1 to others. Always practice safer sex and use condoms to lower the chance of sexual contact with body fluids. Never reuse or share needles or other items that have body fluids on them.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about STRIBILD?

STRIBILD can cause serious side effects:

- **Build-up of an acid in your blood (lactic acidosis)**, which is a serious medical emergency. Symptoms of lactic acidosis include feeling very weak or tired, unusual (not normal) muscle pain, trouble breathing, stomach pain with nausea or vomiting, feeling cold especially in your arms and legs, feeling dizzy or lightheaded, and/or a fast or irregular heartbeat.
- **Serious liver problems.** The liver may become large (hepatomegaly) and fatty (steatosis). Symptoms of liver problems include your skin or the white part of your eyes turns yellow (jaundice), dark "tea-colored" urine, light-colored bowel movements (stools), loss of appetite for several days or longer, nausea, and/or stomach pain.
- **You may be more likely to get lactic acidosis or serious liver problems** if you are female, very overweight (obese), or have been taking STRIBILD for a long time. In some cases, these serious conditions have led to death. Call your healthcare provider right away if you have any symptoms of these conditions.

- **Worsening of hepatitis B (HBV) infection.** If you also have HBV and stop taking STRIBILD, your hepatitis may suddenly get worse. Do not stop taking STRIBILD without first talking to your healthcare provider, as they will need to monitor your health. STRIBILD is not approved for the treatment of HBV.

Who should not take STRIBILD?

Do not take STRIBILD if you:

- **Take a medicine that contains:** alifuzosin, dihydroergotamine, ergotamine, methylethylgonovine, cisapride, lovastatin, simvastatin, pimozide, sildenafil when used for lung problems (Revatio[®]), triazolam, oral midazolam, rifampin or the herb St. John's wort.
- **For a list of brand names for these medicines,** please see the Brief Summary on the following pages.
- **Take any other medicines to treat HIV-1 infection,** or the medicine adefovir (Hepsera[®]).

What are the other possible side effects of STRIBILD?

Serious side effects of STRIBILD may also include:

- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do regular blood and urine tests to check your kidneys before and during treatment with STRIBILD. If you develop kidney problems, your healthcare provider may tell you to stop taking STRIBILD.
- **Bone problems,** including bone pain or bones getting soft or thin, which may lead to fractures. Your healthcare provider may do tests to check your bones.
- **Changes in body fat** can happen in people taking HIV-1 medicines.
- **Changes in your immune system.** Your immune system may get stronger and begin to fight infections. Tell your healthcare provider if you have any new symptoms after you start taking STRIBILD.

The most common side effects of STRIBILD include nausea and diarrhea. Tell your healthcare provider if you have any side effects that bother you or don't go away.

What should I tell my healthcare provider before taking STRIBILD?

- **All your health problems.** Be sure to tell your healthcare provider if you have or had any kidney, bone, or liver problems, including hepatitis virus infection.
 - **All the medicines you take,** including prescription and nonprescription medicines, vitamins, and herbal supplements. STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Do not start any new medicines while taking STRIBILD without first talking with your healthcare provider.
 - **If you take hormone-based birth control** (pills, patches, rings, shots, etc).
 - **If you take antacids.** Take antacids at least 2 hours before or after you take STRIBILD.
 - **If you are pregnant or plan to become pregnant.** It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
 - **If you are breastfeeding** (nursing) or plan to breastfeed. Do not breastfeed. HIV-1 can be passed to the baby in breast milk. Also, some medicines in STRIBILD can pass into breast milk, and it is not known if this can harm the baby.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.**

Please see Brief Summary of full Prescribing Information with important warnings on the following pages.

STRIBILD is a prescription medicine used as a complete single-tablet regimen to treat HIV-1 in adults who have never taken HIV-1 medicines before. STRIBILD does not cure HIV-1 or AIDS.

I started my personal revolution

Talk to your healthcare provider about starting treatment.

STRIBILD is a complete HIV-1 treatment in **1 pill**, once a day.

Ask if it's right for you.

STRIBILD™ 

elvitegravir 150mg/ cobicistat 150mg/ emtricitabine
200mg/ tenofovir disoproxil fumarate 300mg tablets

Patient Information

STRIBILD™ (STRY-bild)

(elvitegravir 150 mg/cobicistat 150 mg/
emtricitabine 200 mg/tenofovir disoproxil
fumarate 300 mg) tablets

Brief summary of full Prescribing Information.
For more information, please see the full Prescribing
Information, including Patient Information.

What is STRIBILD?

- **STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before.** STRIBILD is a complete regimen and should not be used with other HIV-1 medicines.
- **STRIBILD does not cure HIV-1 or AIDS.** You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.
- **Ask your healthcare provider about how to prevent passing HIV-1 to others.** Do not share or reuse needles, injection equipment, or personal items that can have blood or body fluids on them. Do not have sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

What is the most important information I should know about STRIBILD?

STRIBILD can cause serious side effects, including:

1. **Build-up of lactic acid in your blood (lactic acidosis).** Lactic acidosis can happen in some people who take STRIBILD or similar (nucleoside analogs) medicines. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. **Call your healthcare provider right away if you get any of the following symptoms which could be signs of lactic acidosis:**

- feel very weak or tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have stomach pain with nausea or vomiting
- feel cold, especially in your arms and legs

- feel dizzy or lightheaded
 - have a fast or irregular heartbeat
2. **Severe liver problems.** Severe liver problems can happen in people who take STRIBILD. In some cases, these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis). **Call your healthcare provider right away if you get any of the following symptoms of liver problems:**

- your skin or the white part of your eyes turns yellow (jaundice)
- dark “tea-colored” urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking STRIBILD for a long time.

3. **Worsening of Hepatitis B infection.** If you have hepatitis B virus (HBV) infection and take STRIBILD, your HBV may get worse (flare-up) if you stop taking STRIBILD. A “flare-up” is when your HBV infection suddenly returns in a worse way than before.

- Do not run out of STRIBILD. Refill your prescription or talk to your healthcare provider before your STRIBILD is all gone
- Do not stop taking STRIBILD without first talking to your healthcare provider
- If you stop taking STRIBILD, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking STRIBILD

Who should not take STRIBILD?

Do not take STRIBILD if you also take a medicine that contains:

- adefovir (Hepsera®)
- alfuzosin hydrochloride (Uroxatral®)
- cisapride (Propulsid®, Propulsid Quicksolv®)
- ergot-containing medicines, including:

dihydroergotamine mesylate (D.H.E. 45[®], Migranal[®]), ergotamine tartrate (Cafergot[®], Migergot[®], Ergostat[®], Medihaler Ergotamine[®], Wigraine[®], Wigrettes[®]), and methylergonovine maleate (Ergotrate[®], Methergine[®])

- lovastatin (Advicor[®], Altoprev[®], Mevacor[®])
- oral midazolam
- pimozide (Orap[®])
- rifampin (Rifadin[®], Rifamate[®], Rifater[®], Rimactane[®])
- sildenafil (Revatio[®]), when used for treating lung problems
- simvastatin (Simcor[®], Vytorin[®], Zocor[®])
- triazolam (Halcion[®])
- the herb St. John's wort

Do not take STRIBILD if you also take any other HIV-1 medicines, including:

- Other medicines that contain tenofovir (Atripla[®], Complera[®], Viread[®], Truvada[®])
- Other medicines that contain emtricitabine, lamivudine, or ritonavir (Combivir[®], Emtriva[®], Epivir[®] or Epivir-HBV[®], Epzicom[®], Kaletra[®], Norvir[®], Trizivir[®])

STRIBILD is not for use in people who are less than 18 years old.

What are the possible side effects of STRIBILD?

STRIBILD may cause the following serious side effects:

- **See "What is the most important information I should know about STRIBILD?"**
- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking STRIBILD. Your healthcare provider may tell you to stop taking STRIBILD if you develop new or worse kidney problems.
- **Bone problems** can happen in some people who take STRIBILD. Bone problems include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do tests to check your bones.
- **Changes in body fat** can happen in people who take HIV-1 medicine. These changes may include increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the middle of your body (trunk). Loss of fat from the legs, arms and face may also

happen. The exact cause and long-term health effects of these conditions are not known.

- **Changes in your immune system** (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having any new symptoms after starting your HIV-1 medicine.

The most common side effects of STRIBILD include:

- Nausea
- Diarrhea

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

- These are not all the possible side effects of STRIBILD. For more information, ask your healthcare provider.
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What should I tell my healthcare provider before taking STRIBILD?

Tell your healthcare provider about all your medical conditions, including:

- If you have or had any kidney, bone, or liver problems, including hepatitis B infection
- If you are pregnant or plan to become pregnant. It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
 - There is a pregnancy registry for women who take antiviral medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk with your healthcare provider about how you can take part in this registry.
- If you are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you take STRIBILD.
 - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
 - Two of the medicines in STRIBILD can pass to your baby in your breast milk. It is not known if the other medicines in STRIBILD can pass into your breast milk.

- Talk with your healthcare provider about the best way to feed your baby.

Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements:

- STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works.

- Be sure to tell your healthcare provider if you take any of the following medicines:

- Hormone-based birth control (pills, patches, rings, shots, etc)
- Antacid medicines that contains aluminum, magnesium hydroxide, or calcium carbonate. Take antacids at least 2 hours before or after you take STRIBILD
- Medicines to treat depression, organ transplant rejection, or high blood pressure
- amiodarone (Cordarone[®], Pacerone[®])
- atorvastatin (Lipitor[®], Caduet[®])
- bepridil hydrochloric (Vascor[®], Bepadin[®])
- bosentan (Tracleer[®])
- buspirone
- carbamazepine (Carbatrol[®], Eptol[®], Equetro[®], Tegreto[®])
- clarithromycin (Biaxin[®], Prevpac[®])
- clonazepam (Klonopin[®])
- clorazepate (Gen-xene[®], Tranxene[®])
- colchicine (Colcrys[®])
- medicines that contain dexamethasone
- diazepam (Valium[®])
- digoxin (Lanoxin[®])
- disopyramide (Norpace[®])
- estazolam
- ethosuximide (Zarontin[®])
- flecainide (Tambocor[®])
- flurazepam
- fluticasone (Flovent[®], Flonase[®], Flovent[®] Diskus, Flovent[®] HFA, Veramyst[®])
- itraconazole (Sporanox[®])
- ketoconazole (Nizoral[®])
- lidocaine (Xylocaine[®])
- mexiletine
- oxcarbazepine (Trileptal[®])

- perphenazine
- phenobarbital (Luminal[®])
- phenytoin (Dilantin[®], Phenytek[®])
- propafenone (Rythmol[®])
- quinidine (Neudexta[®])
- rifabutin (Mycobutin[®])
- rifapentine (Priftin[®])
- risperidone (Risperdal[®], Risperdal Consta[®])
- salmeterol (Serevent[®]) or salmeterol when taken in combination with fluticasone (Advair Diskus[®], Advair HFA[®])
- sildenafil (Viagra[®]), tadalafil (Cialis[®]) or vardenafil (Levitra[®], Staxyn[®]), for the treatment of erectile dysfunction (ED). If you get dizzy or faint (low blood pressure), have vision changes or have an erection that last longer than 4 hours, call your healthcare provider or get medical help right away.
- tadalafil (Adcirca[®]), for the treatment of pulmonary arterial hypertension
- telithromycin (Ketek[®])
- thioridazine
- voriconazole (Vfend[®])
- warfarin (Coumadin[®], Jantoven[®])
- zolpidem (Ambien[®], Edlular[®], Intermezzo[®], Zolpimist[®])

Know the medicines you take. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine. Do not start any new medicines while you are taking STRIBILD without first talking with your healthcare provider.

Keep STRIBILD and all medicines out of reach of children.

This Brief Summary summarizes the most important information about STRIBILD. If you would like more information, talk with your healthcare provider. You can also ask your healthcare provider or pharmacist for information about STRIBILD that is written for health professionals, or call 1-800-445-3235 or go to www.STRIBILD.com.

Issued: August 2012



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SNAP



SNAP



SNAP



Photos By
Larry
Blackburn



WEEKLY EVENTS



MONDAY

801

Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Dancers on the bar starting at 10 PM

TUESDAY

801

Drag Shows at 9 PM and 11 PM

Bourbon

Dancers on the bar starting at 10 PM



801- 801 Duval St.



Bobby's- 900 Simonton St.



Bourbon- 724 Duval St.

W E D N E S D A Y

801

Drag Shows at 9 PM and 11 PM

Bourbon

Dancers on the bar starting at 10 PM

T H U R S D A Y

801

Karaoke starting at 5 PM

Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Dancers on the bar starting at 10 PM

F R I D A Y

801

Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Dancers on the bar starting at 10 PM

One Saloon

*Cock Shock contest starting at
Midnight*



Island House- 1129 Flemingl St.

S A T U R D A Y

801

Drag Shows at 9 PM and 11 PM

Bourbon

Pool Party starting at 12 PM

Dancers on the bar starting at 10 PM

Amateur Strip at Midnight

S U N D A Y

801

Karaoke starting at 5 PM

Gay Bingo starting at 5 PM

Drag Shows at 9 PM and 11 PM

Bobby's

Karaoke starting at 9:30 PM

Bourbon

Dancers on the bar starting at 10 PM

Island House

Pre-Tea Pool Party starting at Noon

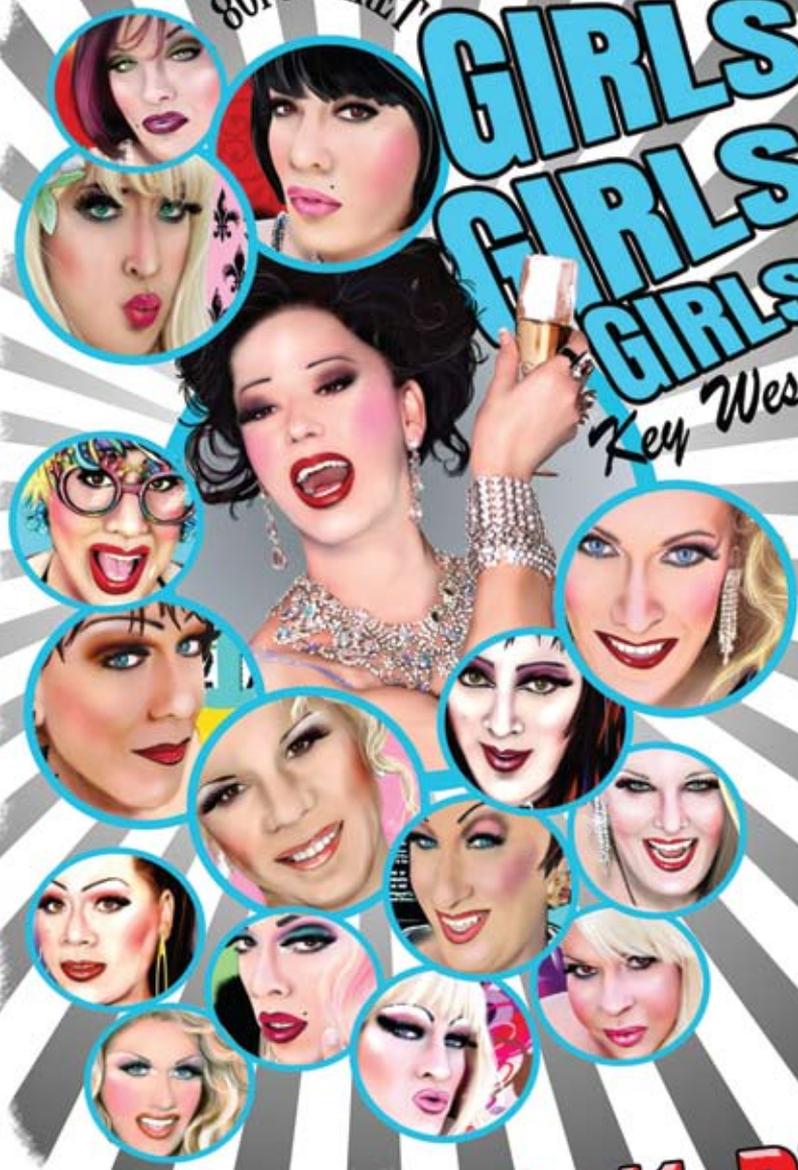


One Saloon- 514 Petronia St.

801 CABARET

GIRLS GIRLS GIRLS

Key West



NIGHTLY 9 & 11 PM

801 DUVAL • KEY WEST

801 Bourbon Bar

801 Bourbon Bar



801 Bourbon PRESENTS

MARTINI WEDNESDAYS

\$5 MARTINIS | EACH AND EVERY WEDNESDAY NIGHT AT THE MAIN BAR

21+ MUST HAVE ID TIME 10PM-2AM

LOCATION 801 DUVAL ST., KEY WEST, 33040

WWW.801BOURBON.COM | 305.731.9055

GASSY & JEFF

DRAG-KARAOKE SUNDAYS

THE SINGING BEGINS @ 4PM

\$5 LONG ISLAND ICED TEAS ALL DAY LONG!

801 BOURBON
801 DUVAL STREET | KEY WEST, FL 33040
CALL: 305.731.9055 | 305.731.9055

801 Bourbon Bar
WWW.801BOURBON.COM

WEDNESDAYS
2012
6PM

KARAOKE NIGHTS

KARAOKE BEGINS AT 6 PM MARTINI SPECIALS BEGINS AT 10PM



801 Bourbon Bar

COME SING WITH THE BEST | WITH OVER 50,000 SONGS TO CHOOSE FROM!
COME FOR THE KARAOKE... STAY FOR THE MARTINI'S

801 DUVAL STREET KEY WEST, FL | WWW.801BOURBON.COM | 305.731.9055

BINGO

EVERY SUNDAY



BINGO

28	54	12	59	43
34				

BINGO

4	18	37	59
28	68		



ONE OF KEY WEST'S LONGEST RUNNING BENEFIT
DOORS OPEN AT 4PM - GAMES START AT 6PM

801 CABARE LOUNGE | 801 DUVAL STREET | WWW.801BOURBON.COM



The **one** pill for me

Patient model. Pill shown is not actual size.

What is COMPLERA?

COMPLERA® is a prescription HIV medicine that is used as a complete regimen to treat HIV-1 in adults who have **never** taken HIV medicines before **and** who have an amount of HIV in their blood (this is called “viral load”) that is no more than 100,000 copies/mL. COMPLERA contains 3 medicines – rilpivirine, emtricitabine and tenofovir disoproxil fumarate. It is not known if COMPLERA is safe and effective in children under the age of 18 years.

COMPLERA® does not cure HIV-1 infection or AIDS. To control HIV-1 infection and decrease HIV-related illnesses you must keep taking COMPLERA. Avoid doing things that can spread HIV-1 to others: always practice safer sex and use condoms to lower the chance of sexual contact with body fluids; never reuse or share needles or other items that have body fluids on them, do not share personal items that may contain bodily fluids. Ask your healthcare provider if you have questions about how to reduce the risk of passing HIV-1 to others.

IMPORTANT SAFETY INFORMATION

What is the most important information you should know about COMPLERA?

COMPLERA® can cause serious side effects:

- **Build-up of an acid in your blood (lactic acidosis)**, which is a serious medical emergency. Symptoms of lactic acidosis include feeling very weak or tired, unusual (not normal) muscle pain, trouble breathing, stomach pain with nausea or vomiting, feeling cold, especially in your arms and legs, feeling dizzy or lightheaded, and/or a fast or irregular heartbeat.
- **Serious liver problems.** The liver may become large (hepatomegaly) and fatty (steatosis). Symptoms of liver problems include your skin or the white part of your eyes turns yellow (jaundice), dark “tea-colored” urine, light-colored bowel movements (stools), loss of appetite for several days or longer, nausea, and/or stomach pain.
- **You may be more likely to get lactic acidosis or serious liver problems** if you are female, very overweight (obese), or have been taking COMPLERA for a long time. *In some cases, these serious conditions have led to death.* Call your healthcare provider right away if you have any symptoms of these conditions.

- **Worsening of hepatitis B (HBV) infection.** If you also have HBV and stop taking COMPLERA, your hepatitis may suddenly get worse. Do not stop taking COMPLERA without first talking to your healthcare provider, as they will need to monitor your health. COMPLERA is not approved for the treatment of HBV.

Who should not take COMPLERA?

Do not take COMPLERA if you have ever taken other anti-HIV medicines. COMPLERA may change the effect of other medicines and may cause serious side effects. Your healthcare provider may change your other medicines or change their doses. **Do not take COMPLERA if you also take these medicines:**

- **anti-seizure medicines:** carbamazepine (Carbatrol, Equetro, Tegretol, Tegretol-XR, Teril, Eptol); oxcarbazepine (Trileptal), phenobarbital (Luminal), phenytoin (Dilantin, Dilantin-125, Phenytek)
- **anti-tuberculosis medicines:** rifabutin (Mycobutin), rifampin (Rifater, Rifamate, Rimactane, Rifadin) and rifapentine (Priftin)
- **proton pump inhibitors for stomach or intestinal problems:** esomeprazole (Nexium, Vimovo), lansoprazole (Prevacid), dexlansoprazole (Dexilant), omeprazole (Prilosec), pantoprazole sodium (Protonix), rabeprazole (Aciphex)
- **more than 1 dose of the steroid medicine dexamethasone or dexamethasone sodium phosphate**
- St. John’s wort (*Hypericum perforatum*)

If you are taking COMPLERA you should not take other HIV medicines or other medicines containing tenofovir (Viread, Truvada, Stribild or Atripla); other medicines containing emtricitabine or lamivudine (Emtriva, Combivir, Epivir, Epivir-HBV, Epzicom, Trizivir, Atripla, Stribild or Truvada); rilpivirine (Edurant) or adefovir (Hepsera).

In addition, tell your healthcare provider if you are taking the following medications because they may interfere with how COMPLERA works and may cause side effects:

- certain antacid medicines containing aluminum, magnesium hydroxide, or calcium carbonate (examples: Roloids, TUMS). **These medicines must be taken at least 2 hours before or 4 hours after COMPLERA.**
- medicines to block stomach acid including cimetidine (Tagamet), famotidine (Pepcid), nizatidine (Axid), or ranitidine HCL (Zantac). **These medicines must be taken at least 12 hours before or 4 hours after COMPLERA.**

COMPLERA. A complete HIV treatment in only 1 pill a day.

COMPLERA is for adults who have never taken HIV-1 medicines before and have no more than 100,000 copies/mL of virus in their blood.

Ask your healthcare provider if it's the one for you.

- any of these medicines: clarithromycin (Biaxin); erythromycin (E-Mycin, Eryc, Ery-Tab, PCE, Pediazole, Ilosone), fluconazole (Diflucan), itraconazole (Sporanox), ketoconazole (Nizoral) methadone (Dolophine); posaconazole (Noxifil), telithromycin (Ketek) or voriconazole (Vfend).
- medicines that are eliminated by the kidneys like acyclovir (Zovirax), cidofovir (Vistide), ganciclovir (Cytovene IV, Vitrasert), valacyclovir (Valtrex) and valganciclovir (Valcyte).

These are not all the medicines that may cause problems if you take COMPLERA. Tell your healthcare provider about all prescription and nonprescription medicines, vitamins, or herbal supplements you are taking or plan to take.

Before taking COMPLERA, tell your healthcare provider if you:

- Have **liver problems**, including hepatitis B or C virus infection, or have abnormal liver tests
- Have **kidney problems**
- Have ever had a **mental health problem**
- Have **bone problems**
- Are **pregnant or planning to become pregnant**. It is not known if COMPLERA can harm your unborn child
- Are **breastfeeding**: Women with HIV should not breastfeed because they can pass HIV through their milk to the baby. Also, COMPLERA may pass through breast milk and could cause harm to the baby

COMPLERA can cause additional serious side effects:

- **New or worsening kidney problems, including kidney failure**. If you have had kidney problems, or take other medicines that may cause kidney problems, your healthcare provider may need to do regular blood tests.
- **Depression or mood changes**. Tell your healthcare provider right away if you have any of the following symptoms: feeling sad or hopeless, feeling anxious or restless, have thoughts of hurting yourself (suicide) or have tried to hurt yourself.
- **Changes in liver enzymes**: People who have had hepatitis B or C, or who have had changes in their liver function tests in the past may have an increased risk for liver problems while taking COMPLERA. Some people without prior liver disease may also be at risk. Your healthcare provider may need to check your liver enzymes before and during treatment with COMPLERA.

- **Bone problems** can happen in some people who take COMPLERA. Bone problems include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do additional tests to check your bones.
- **Changes in body fat** can happen in people taking HIV medicine.
- **Changes in your immune system**. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider if you start having new symptoms after starting COMPLERA.

The most common side effects reported with COMPLERA are trouble sleeping (insomnia), abnormal dreams, headache, dizziness, diarrhea, nausea, rash, tiredness, and depression. Some side effects also reported include vomiting, stomach pain or discomfort, skin discoloration (small spots or freckles) and pain.

This is not a complete list of side effects. Tell your healthcare provider or pharmacist if you notice any side effects while taking COMPLERA, and call your healthcare provider for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <http://www.fda.gov/medwatch> or call 1-800-FDA-1088.

Additional Information about taking COMPLERA:

- **Always take COMPLERA exactly as your healthcare provider tells you to take it.**
- **Take COMPLERA with a meal.** Taking COMPLERA with a meal is important to help get the right amount of medicine in your body. (A protein drink does not replace a meal).

Stay under the care of your healthcare provider during treatment with COMPLERA and see your healthcare provider regularly.

Please see Brief Summary of full Prescribing Information with **important warnings** on the following pages.



COMPLERA®
emtricitabine 200mg/rilpivirine 25mg/
tenofovir disoproxil fumarate 300mg tablets

Learn more at www.COMPLERA.com

Patient Information

COMPLERA® (kom-PLEH-rah)

(emtricitabine, rilpivirine, tenofovir disoproxil fumarate) tablets

Brief summary of full Prescribing Information. For more information, please see the full Prescribing Information including Patient Information.

What is COMPLERA?

- **COMPLERA** is a prescription HIV (Human Immunodeficiency Virus) medicine that is used to treat HIV-1 in adults
 - who have **never** taken HIV medicines before, **and**
 - who have an amount of HIV in their blood (this is called ‘viral load’) that is no more than 100,000 copies/mL. Your healthcare provider will measure your viral load.

(HIV is the virus that causes AIDS (Acquired Immunodeficiency Syndrome)).

- COMPLERA contains 3 medicines – rilpivirine, emtricitabine, tenofovir disoproxil fumarate – combined in one tablet. It is a complete regimen to treat HIV-1 infection and should not be used with other HIV medicines.
- It is not known if COMPLERA is safe and effective in children under the age of 18 years old.
- **COMPLERA does not cure HIV infection or AIDS.** You must stay on continuous therapy to control HIV infection and decrease HIV-related illnesses.
- **Ask your healthcare provider if you have any questions about how to prevent passing HIV to other people.** Do not share or re-use needles or other injection equipment, and do not share personal items that can have blood or body fluids on them, like toothbrushes and razor blades. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal fluids or blood.

What is the most important information I should know about COMPLERA?

COMPLERA can cause serious side effects, including:

- **Build-up of lactic acid in your blood (lactic acidosis).** Lactic acidosis can happen in some people who take COMPLERA or similar (nucleoside analogs) medicines. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. **Call your healthcare provider right away if you get any of the following symptoms which could be signs of lactic acidosis:**
 - feel very weak or tired
 - have unusual (not normal) muscle pain
 - have trouble breathing

- have stomach pain with nausea (feeling sick to your stomach) or vomiting
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a fast or irregular heartbeat

- **Severe liver problems.** Severe liver problems can happen in people who take COMPLERA. In some cases, these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis). **Call your healthcare provider right away if you get any of the following symptoms of liver problems:**

- your skin or the white part of your eyes turns yellow (jaundice)
- dark “tea-colored” urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

- **You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking COMPLERA for a long time.**

- **Worsening of Hepatitis B infection.** If you have hepatitis B virus (HBV) infection and take COMPLERA, your HBV may get worse (flare-up) if you stop taking COMPLERA. A “flare-up” is when your HBV infection suddenly returns in a worse way than before. COMPLERA is not approved for the treatment of HBV, so you must discuss your HBV with your healthcare provider.

- Do not let your COMPLERA run out. Refill your prescription or talk to your healthcare provider before your COMPLERA is all gone.
- Do not stop taking COMPLERA without first talking to your healthcare provider.
- If you stop taking COMPLERA, your healthcare provider will need to check your health often and do blood tests regularly to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking COMPLERA.

Who should not take COMPLERA?

Do not take COMPLERA if:

- your HIV infection has been previously treated with HIV medicines.
- you are taking any of the following medicines:
 - **anti-seizure medicines:** carbamazepine (Carbatrol, Equetro, Tegretol, Tegretol-XR, Teril, Eptol); oxcarbazepine (Trileptal); phenobarbital (Luminal); phenytoin (Dilantin, Dilantin-125, Phenytek)

- **anti-tuberculosis (anti-TB) medicines:** rifabutin (Mycobutin); rifampin (Rifater, Rifamate, Rimactane, Rifadin); rifapentine (Pristin)
- **proton pump inhibitor (PPI) medicine** for certain stomach or intestinal problems: esomeprazole (Nexium, Vimovo); lansoprazole (Prevacid); dexlansoprazole (Dexilant); omeprazole (Prilosec, Zegerid); pantoprazole sodium (Protonix); rabeprazole (Aciphex)
- more than 1 dose of the steroid medicine dexamethasone or dexamethasone sodium phosphate
- St. John's wort (*Hypericum perforatum*)

• If you take COMPLERA, you should not take:

- Other medicines that contain tenofovir (Atripla, Stribild, Truvada, Viread)
- Other medicines that contain emtricitabine or lamivudine (Combivir, Emtriva, Eпивir or Eпивir-HBV, Epicom, Trizivir, Atripla, Truvada, Stribild)
- rilpivirine (Edurant)
- adefovir (Hepsera)

What should I tell my healthcare provider before taking COMPLERA?

Before you take COMPLERA, tell your healthcare provider if you:

- have or had liver problems, including hepatitis B or C virus infection, kidney problems, mental health problem or bone problems
- are pregnant or plan to become pregnant. It is not known if COMPLERA can harm your unborn child.

Pregnancy Registry. There is a pregnancy registry for women who take antiviral medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk to your healthcare provider about how you can take part in this registry.

- are breast-feeding or plan to breast-feed. **You should not breastfeed if you have HIV because of the risk of passing HIV to your baby.** Do not breastfeed if you are taking COMPLERA. At least two of the medicines contained in COMPLERA can be passed to your baby in your breast milk. We do not know whether this could harm your baby. Talk to your healthcare provider about the best way to feed your baby.

Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements.

- **COMPLERA may affect the way other medicines work, and other medicines may affect how COMPLERA works, and may cause serious side effects.** If you take certain medicines with COMPLERA, the amount of COMPLERA in your body may be too low and it may not work to help control your HIV infection. The HIV virus in your body may become resistant to COMPLERA or other HIV medicines that are like it.

Especially tell your healthcare provider if you take:

- an antacid medicine that contains aluminum, magnesium hydroxide, or calcium carbonate. If you take an antacid during treatment with COMPLERA, take the antacid **at least 2 hours before or at least 4 hours after** you take COMPLERA.
- a medicine to block the acid in your stomach, including cimetidine (Tagamet), famotidine (Pepcid), nizatidine (Axid), or ranitidine hydrochloride (Zantac). If you take one of these medicines during treatment with COMPLERA, take the acid blocker **at least 12 hours before or at least 4 hours after** you take COMPLERA.
- any of these medicines (if taken by mouth or injection):
 - clarithromycin (Biaxin)
 - erythromycin (E-Mycin, Eryc, Ery-Tab, PCE, Pediazole, Ilosone)
 - fluconazole (Diflucan)
 - itraconazole (Sporanox)
 - ketoconazole (Nizoral)
 - methadone (Dolophine)
 - posaconazole (Noxafil)
 - telithromycin (Ketek)
 - voriconazole (Vfend)
- medicines that are eliminated by the kidney, including acyclovir (Zovirax), cidofovir (Vistide), ganciclovir (Cytovene IV, Vitrasert), valacyclovir (Valtrex), and valganciclovir (Valcyte)

What are the possible side effects of COMPLERA?

COMPLERA can cause serious side effects, including:

- **See “What is the most important information I should know about COMPLERA?”**
- **New or worse kidney problems, including kidney failure,** can happen in some people who take COMPLERA. Your healthcare provider should do blood tests to check your kidneys before starting treatment with COMPLERA. If you have had kidney problems in the past or need to take another medicine that can cause kidney problems, your healthcare provider may need to do blood tests to check your kidneys during your treatment with COMPLERA.
- **Depression or mood changes.** Tell your healthcare provider right away if you have any of the following symptoms:
 - feeling sad or hopeless
 - feeling anxious or restless
 - have thoughts of hurting yourself (suicide) or have tried to hurt yourself

• **Change in liver enzymes.** People with a history of hepatitis B or C virus infection or who have certain liver enzyme changes may have an increased risk of developing new or worsening liver problems during treatment with COMPLERA. Liver problems can also happen during treatment with COMPLERA in people without a history of liver disease. Your healthcare provider may need to do tests to check your liver enzymes before and during treatment with COMPLERA.

• **Bone problems** can happen in some people who take COMPLERA. Bone problems include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do additional tests to check your bones.

• **Changes in body fat** can happen in people taking HIV medicine. These changes may include increased amount of fat in the upper back and neck (“buffalo hump”), breast, and around the main part of your body (trunk). Loss of fat from the legs, arms and face may also happen. The cause and long term health effect of these conditions are not known.

• **Changes in your immune system (Immune Reconstitution Syndrome)** can happen when you start taking HIV medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider if you start having new symptoms after starting your HIV medicine.

The most common side effects of COMPLERA include:

- trouble sleeping (insomnia)
- abnormal dreams
- headache
- dizziness
- diarrhea
- nausea
- rash
- tiredness
- depression

Additional common side effects include:

- vomiting
- stomach pain or discomfort
- skin discoloration (small spots or freckles)
- pain

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of COMPLERA. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 (1-800-332-1088).

How should I take COMPLERA?

- **Stay under the care of your healthcare provider during treatment with COMPLERA.**
- **Take COMPLERA exactly as your healthcare provider tells you to take it.**
- **Always take COMPLERA with a meal.** Taking COMPLERA with a meal is important to help get the right amount of medicine in your body. A protein drink does not replace a meal.
- Do not change your dose or stop taking COMPLERA without first talking with your healthcare provider. See your healthcare provider regularly while taking COMPLERA.
- If you miss a dose of COMPLERA within 12 hours of the time you usually take it, take your dose of COMPLERA **with a meal** as soon as possible. Then, take your next dose of COMPLERA at the regularly scheduled time. If you miss a dose of COMPLERA by more than 12 hours of the time you usually take it, wait and then take the next dose of COMPLERA at the regularly scheduled time.
- Do not take more than your prescribed dose to make up for a missed dose.

This Brief Summary summarizes the most important information about COMPLERA. If you would like more information, talk with your healthcare provider. You can also ask your healthcare provider or pharmacist for information about COMPLERA that is written for health professionals, or call 1-800-445-3235 or go to www.COMPLERA.com

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CAPTIVE AUDIENCE

by: **Brad Loekle**



A Dutch startup company recently revealed their plans to put the first four people on Mars by 2023. Their plan is then to send more and more people there every 6 months to build the first sustainable colony on Mars. The reason they think they can do it is because they've figured out a solution to one of the biggest problems of sending man to Mars. Which has always been, how do you get man back? They came up with an ingenious answer... you don't. That's right, the folks who sign up for this all expenses paid, once in a lifetime trip will then spend the rest of their lifetime on Mars. Mars. Not the candy bar, the planet. The planet that is, roughly, a year's journey away from us. I mean, talk about a good excuse to not see your crazy family on the holidays, right?!

But the other big problem they may have solved is funding. And how are they solving this 6 billion dollar problem? They're gonna turn the entire journey and, then, the entire planet into a reality show! That's right, kids, our first major contribution to the universe off of our own blue marble is going to be giving reality television to the galaxy. But if we're going to turn the entire Milky Way into a trailer park, I don't see why I shouldn't benefit from it. So my new goal is to be the first comedian on Mars!

That's right I said it, the first comedian on Mars. I'm sure they won't hire me solely for that purpose. I mean the first four people up there will probably have to spend most of their time setting up hydroponic greenhouses to create a food supply and start terraforming the environment. This is, of course, when they're not busy shitting their pants that they're trapped on a barren wasteland in the middle of the universe. And, since it's reality TV, fucking, fighting and drinking. I mean I would hope drinking. I assume Absolut will jump at the chance to be the first intergalactic swill.

So I'll offer my services up as cook and gardener. Both of which are things I do avidly in my free time. And with the added benefit that they get some light entertainment and tension release when I host my weekly comedy showcase. It will be every "Citibankday"

(which is Thursdays on Mars... because we will have sold the copyright on the names of the days to fund the colony). The show will start around 10PM (or whenever the other 3 people are done crying in terror about their ever present mortality). Each week there will be different guest comedians, which will just be me putting on video footage of comics still living and working on Earth. I'm sure I'll have a plethora of new material to base my observational humor on. Fun, relevant topics like, "Did anybody else hear that? Is that coming from outside the pod, or what?!" and "Has anyone else noticed that Steve seems to be coughing a lot? Should we leave him for dead out in the Red Desert or did someone bring some Nyquil with them?"

The best part though is going to be the reality show. Because it will be the first show in history that cannot be cancelled. And with new cast members joining every 6 months, what does it matter if a couple of us hang ourselves with a noose made out of our own hair that we grew out so that we could escape having to listen to Kimmie's endless talk about how she misses her one-eyed Chihuahua, Blinkie. We would all, immediately, become the most famous people on the world. And rich too, though we won't be on earth so money won't matter as much to us as figuring out what that sound is... because I could swear it's coming from outside the pod!

All in all, I think it's a pretty good plan. Sure it has it's downsides: we'd most likely die of solar radiation poisoning before even reaching the planet and I can barely think of three people I'd want to take a road trip with more or less hurl myself into the abyss of space with them. But when you think about the fact I'm about to move to L.A. to try and continue my TV and comedy career, this seems like just as reasonable a proposition. I mean, Hollywood is a barren wasteland with no culture and only trace signs of life. And Mars has the advantage of making you a guaranteed star with a 50/50 chance you'll be dead in a year. Los Angeles gives you those same odds buy without the guaranty.

So Mars it is! I'm sending in my application this week. I just hope there isn't random drug testing or a credit check. Because if there is, you're stuck with me.

Brad Loekle is a comedian based out of NYC. He can be seen Thursday nights on TruTV's "World's Dumbest" at 9PM & produces the longest running weekly gay comedy show in New York.

For more on Brad, go to: www.bradhag.com

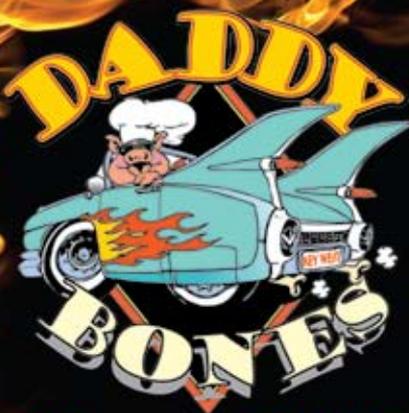
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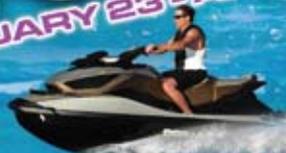
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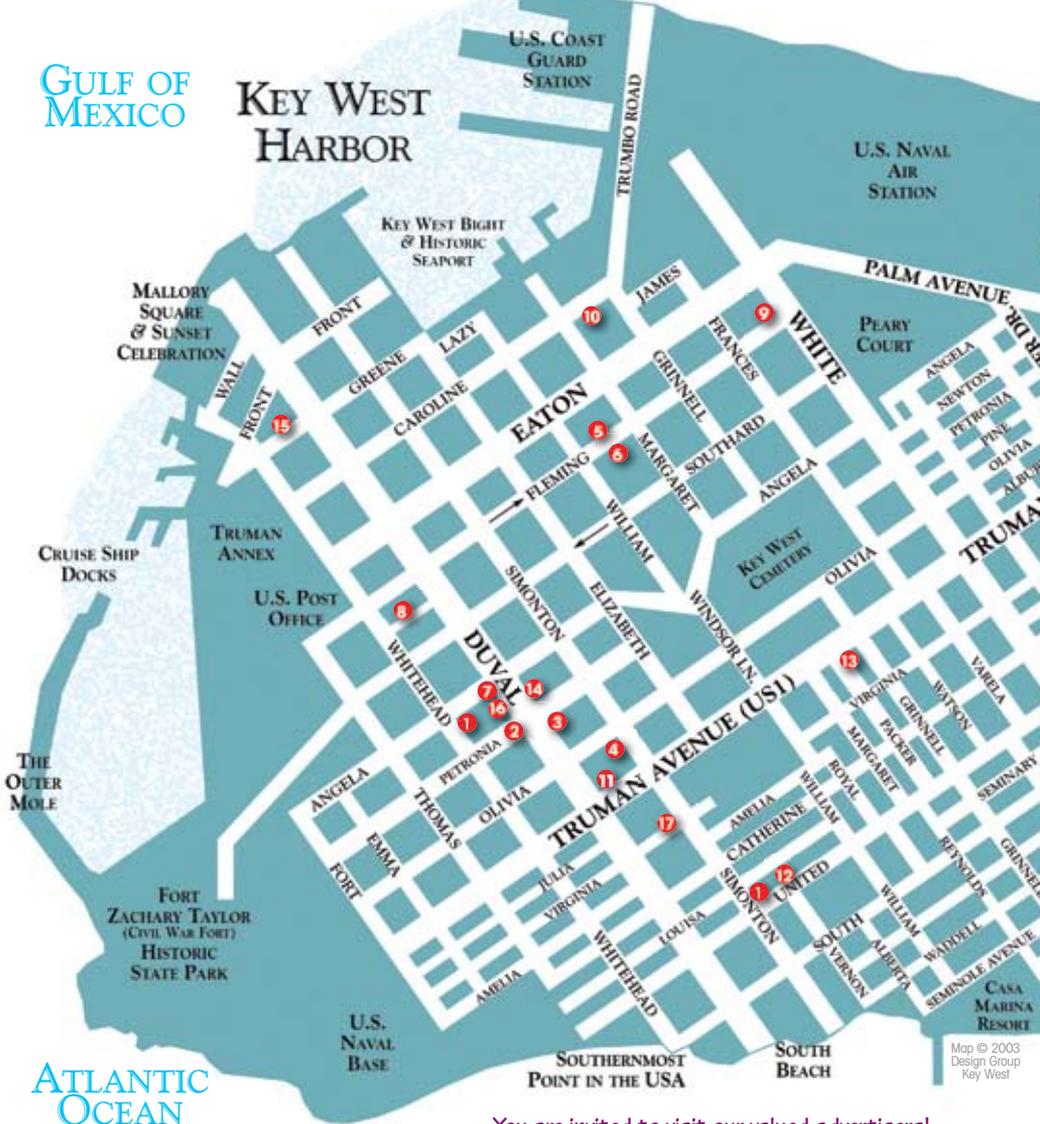
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BY CHEWY

Seven Fish - One Of The Best

Seven Fish is located in a residential neighborhood at the corner of Elizabeth and Olivia. The outside is about as plain as you could imagine (think white box with windows and a glass door). There is a quirky bench in front, but that's about the only thing distinctive outside.

Inside isn't much fancier though it does have a nice 'modernist' feel to it. The downside is that it's small - probably no more than 40 seats which puts a premium on getting a reservation (call days in advance for weekend reservations!). There is a row of two-tops along one wall and the rest mostly four tops.

The bar isn't an afterthought - it's a place to eat too - albeit for just a few people, but the congenial bartenders make sure that strangers at the bar meet each other. One side perk of sitting at the bar is getting a peek inside the kitchen - it's tiny and run with Swiss watch precision.

But in truth, you don't go to Seven Fish for atmosphere - you go for terrific food and wonderful wines, served by an extremely competent wait staff team, and managed by the consummately friendly and ever-watchful owner.

If you ever want to see what makes the food terrific, amble by during the day. Often you'll see pick-up trucks, driven by local fisherman, dropping off their catch - of - the - day. Fresh takes on a new dimension here.

Considering the name of the restaurant, the menu is especially well balanced for all tastes with an



SEVEN FISH

simple. good. food.



obvious nod to fish.

My personal favorite starter from the menu is the mushroom quesadilla but they always have a couple of nightly specials depending on what came in off those trucks that morning.

For main dishes, the fish specials can be scrumptiously sauced (like a curried snapper) or super simple (grilled hogfish). The sides range from real, home-made style mashed potatoes to mixed steamed veggies (often in a light ginger based broth).

Big eaters should check out the pasta dishes like the seafood marinara or the penne dish – almost guaranteed leftovers to take home depending how hungry you are.

When you live in Key West, you tend to eat a lot of fish and maybe that's why I'll often order their meatloaf. It's just like the kind you wished your mom would have made and perfect for cool night.

Their wine list is as balanced as their menu and perhaps even more balanced is their pricing – by the glass or by the bottle. I don't mind paying \$10 for a glass of wine when it's the caliber of MacMurray's pinot noir. The selection isn't encyclopedic but each choice tends to be a perfect example of its origin. The two sauvignon blancs are examples of this: a Groth and Whitehaven. Desserts are lush and don't hold back on being 'desserts'. The brownie is the old standby but it's hard to beat the strawberry whipped cream pie too.

So what's special about Seven Fish? Just about everything!





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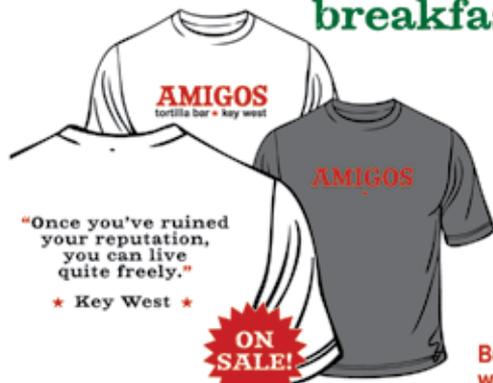


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Ask Nana



E-mail your questions to nana@keywestgayrag.com

Dear Nana,

Every time I talk to my parents or go to dinner with them or anything, I always end up either having to have a huge fight with them or just bite my lip til it bleeds. They are the type that watch nothing but Fox News and believe everything the half-read in any wackjob newsletter. I love them, they're my parents, but I also don't want to die of high blood pressure at 40! What do I do?

Oh gum drop, you're not alone on this one I'm sure. Here's what you do, and it's quite simple: you let go of the idea that your parents are supposed to know best. Or, know anything, for that matter! You're parents are who they are. My mother had a 6th grade education and got most of her news from my father or the chicken coop of gossiping housewives she hung out in. She was not a stupid woman, and she was not cruel and that is what really mattered in the end. Was I and am I smarter than her: absolutely! And that's how it's supposed to be. Each generation is supposed to be afforded an education and world view that is larger than the one they came from. So of course their dated, broad opinions on modern day problems will rub you the wrong way. But just pat them on the head like the slow children they are and change the topic to something they can easily relate to, like Big Band music or what you're all going to order for dessert. Also try to get one of them to tell that story they tell all the time... that you hate... but can now be your best friend because it doesn't involve Obama being a communist or the government putting drugs in milk to control us.



Dear Nana,

If you knew tomorrow was your last day, what would you do with it?

Dear heart, look at me! I'm pretty sure that every tomorrow IS my last day. And it has been that way since the Clinton administration! But that's a good question for all of us to ask ourselves. And the truth is, for me, I'd do nothing out of the ordinary. And that's because I worked hard to live most of my life out of the ordinary so that I wouldn't have a panic attack when the end came. When my life is flashing before my eyes, I'd like it to be a fun movie. Make big choices. Make bad choices, so that you know what the good choices are when you see them next time. Don't spend too much time worrying about what people think, because most people are useless.

You'll find the right people for you and then just do everything you can to keep them. Wear sunscreen. You'll thank me. Oh and try to keep your own teeth for as long as you can. Again, you'll thank me.



Do you have problems? Of course you do!! Why not let Nana help you?! Send your questions to:

Nana@keywestgayrag.com.

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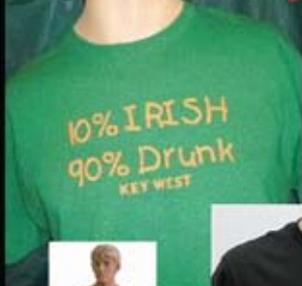
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Gordon Rollins Center - 1434 Kennedy Drive

To schedule an appointment at any location,
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Photos By
Larry
Blackburn



Whore--Scopes

Aquarius

Jan 20 – Feb 18

Holding in secrets is not healthy. Open up and tell your friends everything. It will relieve all the stress you are holding in. Just don't talk about that thing with the goat, or the cucumber, or the goldfish.... Nevermind, keep all your secrets inside.

Pisces

Feb 19 – Mar 20

Dear Pisces, you will be as shocked as I am to find out that you have a moral compass. The problem is that it is always pointing north yet your penis is always pointing south.

Aries

Mar 21 – Apr 19

Why do you care what I'm going to say about you? You won't take my advice and you'll still look hideous tomorrow.

Taurus

Apr 20 – May 20

No one on facebook cares that you had broccoli today. The people closest to you already know.

Gemini

May 21 – Jun 20

You shall achieve the pinnacle of success because of your total lack of ethics. You are the perfect son-of-a-bitch.

Cancer

Jun 21 – Jul 22

You are conservative and against taking risks. This makes you the dullest person in your circle of friends (if you have any friends), especially considering your utter lack of ambition and/or imagination.

Leo

Jul 23 – Aug 22

Don't go around wondering what people say about you. If you knew, you'd only learn a lot of unpleasant things about yourself.

Virgo

Aug 23 – Sep 22

All things considered, it's a good thing you aren't in the prostitution business for the money.

Libra

Sep 23 – Oct 22

Your week will be entirely uneventful after the thing with the howler monkey.

Scorpio

Oct 23 – Nov 21

Stop with all the hashtags! #thisisnottwitter, #you'reageek

Sagittarius

Nov 22 – Dec 21

After all these years, the arresting officers still get a little flustered when you try to tip them.

Capricorn

Dec 22 – Jan 19

Capricorns can often be trained to be fairly good bus drivers and reasonably successful shoe sales clerks, but they cannot be taught to succeed at personal relationships. You probably have no social plans for the weekend anyway, but if so, they will result in disaster

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